



**Proposed Weekend Programme: Casa Rural Mita, Caudiel**

**SATURDAYS**

Saturday	Breaks	Discussion	Topic	Trips out
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09:30 - 10:00

Welcome and Introductions	Overview of the weekend
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10:00 - 11:00

Discussion One	Music
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Music: It is introduced by listening to clips of various styles of music. The intention is to motivate discussion in relation to: the participants own preferences and how various music styles make them feel. Those who can play an instrument will be encouraged to bring it with them to promote further debate.

11:00 - 12:00

Discussion Two	Surrogacy in Spain
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Surrogacy: There is much debate in Spain at the moment on this subject. We will introduce the topic with a newspaper article and a short video. Debate will then follow about positives and negatives of this 'product'.

12:00 -12:15      Coffee

Social Chat

12:15 -13:15

Discussion Three	Euthanasia/Dignified Death
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Euthanasia: Is introduced with a newspaper article related to the debate in Catalonia to decriminalize Euthanasia and a short video. The discussion will look at the polemic related to the topic and about the need for a 'dignified death'.

13:15 - 14:30

Discussion Four	Sea Pollution
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Sea Pollution: Is introduced with a newspaper article related to the problem of plastic waste pollution in the Mediterranean Sea and efforts to counteract this, followed by a short video.

Lunch

14:30 - 16:00

Social Chat

16:00 -17:00

Discussion Five	Cooking (Making English Scones)
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Cooking: A fun activity with chat about English food and making of traditional

scones.....to eat later!

17:00 – 18:30	Discussion Six	History of Caudiel	Caudiel
Caudiel Village: A walk around the village, with discussion related to it's history and conquerors over time, together with the influence of it's abundant water resources.			
18:30 - 19:00	Tea and Scones	Social Chat	
19:00 -21:00	Free Time		
21:00- 22:00	Supper	Social Chat	

### SUNDAYS

Sunday	Breaks	Discussion	Topic	Trips out
08:15 –	Breakfast			
09.15				
09:30 –		Discussion Seven	Ephemeral Art	In the vicinity of La Surera
11:00				
Ephemeral Art: This topic is introduced with two short videos of the work of Andy Goldsworthy. Discussion will follow on his work followed by a short trip out to create an ephemeral piece of art using the natural resources found locally.				
11:00 – 11:30	Coffee		Social Chat	
11:30 – 12:45		Discussion Eight	The Death of Bees	
The Death of Bees: Declines in bees is introduced with a short video and newspaper article. Discussion will follow about the many possible causes, the consequences and what can be done to prevent further a decline in numbers.				
12:45 –		Discussion Nine	The Spanish Diet	
14:00				
The Spanish Diet: Using a recently published article by a well-respected Spanish Medical Consultant, we will look at his research in relation to the Spanish diet, both in the past and today.				
	Lunch			
14:00 – 15:30			Social Chat	
15:30 – 16:30		Discussion Ten	Feedback	
Feedback: Your feedback is extremely important to ‘Weekends With Words’. In this session you will have a chance to discuss your ideas both positive and negative in relation to the weekend. Please be as honest as possible about your views.				